

Virtual Visits only require a few simple steps. The first is to take 5 intraoral pictures and 4 facial photos. Once sent, the doctor will review them and a member of our team will contact you within 1-2 business days to set up a virtual consult on Google Meet. We will need an email address and you should have access to wifi for the virtual meeting. Should you have any questions, please contact the office [480-948-4010](tel:480-948-4010) or email angela@drseussortho.com and we are happy to help.

1. Take Photos

The easiest way to capture the intra oral photos is using your **cell phone** and a **pair of spoons** to help get your cheeks and lips out of the way. Below are examples of what the photos should look like. The facial photos should be taken against a plain non-reflective wall or surface.

#1 Front View



Bite down naturally with your back teeth touching. Directly face the camera, smile wide, click! Try to get as many teeth as you can in the picture. Pull your lips and cheeks away from your teeth with your fingers and/or spoons to show more teeth.

#2 Right View



Bite down naturally with your back teeth touching. Use clean fingers and/or a spoon to pull back your cheek and lips to show all your back teeth on the RIGHT. Take a picture of your back teeth on the RIGHT

#3 Left View



Bite down naturally with your back teeth touching. Use clean fingers and/or a spoon to pull back your cheek and lips to show all your back teeth on the LEFT. Take a picture of your back teeth on the LEFT

#4 Lower Teeth



Open your mouth wide and tilt your chin downwards towards your chest. Hold the camera so that it's as perpendicular as possible to the biting surfaces of your bottom teeth. Make sure all your teeth are showing and click!

#5 Upper Teeth



Open your mouth wide and lift your chin as much as you can. Hold the camera so that it's as perpendicular as possible to the biting surface of your top teeth. Make sure you can see all the teeth and click!

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#5 Front Facial View



Please tie your hair if it is long in a way that it his behind your ears. If you have long hair this could be putting it in a pony tail. Teeth should be together. The lips should be relaxed and not forced together. If your lips do not naturally touch with the lips relaxed do not force them together.

#6 Front Facial Smile



It really helps us out if you can give us a full smile. Our goal is to give you the best smile possible. Ask the person taking the photo to tell you a really bad joke.

#7 Profile Facial view



The profile picture should be taken with a neutral head posture. The chin should not be too far up or down. The lips should be relaxed and not forced together. If your lips do not naturally touch with the lips relaxed do not force them together.

#8 Profile with smile



Again, this photo should be taken with a neutral head posture. We also want a full smile where we can see the front teeth.

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2. Email Images and Set Up Virtual Meeting

The photos should be sent to angela@drseussortho.com. Once sent, Dr. Seuss will review them and a member of our team will contact you within 1-2 business days to set up a virtual consult on Google meet. We will need your email address and you should have access to wifi for the virtual meeting. **The link for the meeting will be sent to your email 5 minutes before the meeting begins.**

Should you have any questions, please contact the office **480-948-4010** or angela@drseussortho.com and we are happy to help with any concerns that you may have.